



Get Healthy @ the Library

## Intimacy, Sex, Vitality: what we need to know in later years

Vivian Silva, MSW, offers a knowledgeable and common sense presentation on how to nurture intimate relationships, enjoy sexuality, and make new friends, no matter your age. Silva is a veteran instructor in gerontology at SJSU. Her creative workshops and thought-provoking lectures have been called “inspirational,” “humorous,” and “just what we needed.”

Wednesday March 17<sup>th</sup> 2010

10:30 am - 12 noon

**SARATOGA LIBRARY**

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