



PlaneTalk

The PlaneTree Health Library Newsletter

WALK IN WITH QUESTIONS. WALK OUT WITH CONFIDENCE

[PlaneTree website](#)

December 2007

Year-end gift giving

Have you ever come to PlaneTree feeling uninformed, indecisive, or anxious - and left the library feeling altogether better? Please show your appreciation by generously making this experience is available for others in the new year.

On the right you will find a button for making an easy, secure online donation. If you prefer to donate by mail, simply send your check to -

PlaneTree Health Library
15891 Los Gatos-Almaden Road
Los Gatos, CA 95032

The person on your list who has everything might appreciate a donation to PlaneTree in his or her honor. We'll send your honoree a special card (without mentioning the amount) and you'll both feel good!

\$5 stocking stuffers for the senses



Have an adventurous cook on your gift list?

Give them a new taste sensation! We have pesticide-free, culinary lavender for use in stews, vegetables and desserts.

Want to get (or give) a luxurious massage?

Drop a hint!

Our vials of pure essential oils are perfect for adding scent to a neutral massage oil. Enhance your pleasure with a calming - or stimulating - scent.



In This Issue
Stocking stuffers
Upcoming health lectures
Win-win option for seniors

Support PlaneTree



[Donate online](#)

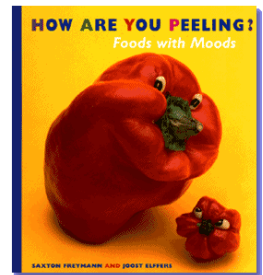
Holiday Book Sale

20% off *

40% off selected titles

PlaneTree's bookstore has numerous titles perfect for holiday giving. Free gift wrapping is available.

Choose books to make your loved ones **laugh**:



[How Are You Peeling?](#)



Does a friend need more peace or joy at home? Help create the right atmosphere with oil-infused aromatherapy candles in convenient, lidded tins. Therapeutic quality.

Upcoming free Saturday lectures

The following authors will be available for book-signing after their presentations, which will begin at 10 a.m.

January 19 *When Cancer Calls ... Say Yes to Life*
Rusty and Pamela Hammer, cofounders of the new [The Wellness Community Silicon Valley](#)

January 26 *Dancing Mama: Stories from My Life*
by Juliana Richmond, local author of a touching memoir

February 2 *Quality of Life: Workbook and Resource Guide*
by Bruce Draper, R.N. and counselor

Seeing 70 in your rear-view mirror?

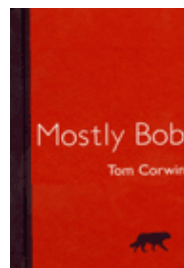


In 2007 only, taxpayers who are over 70½ can donate up to \$100,000 from a traditional IRA to a public charity without having to count the gift as ordinary income.

If you're a senior who has withdrawn money from an IRA during 2007 (or will have before December 31), please note that a significant donation to PlaneTree could lower your tax bracket. Both you *and* your community health library win!

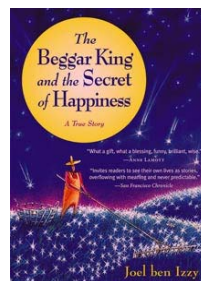
Be sure to follow the "qualified charitable distribution" requirements. For more information, talk to your financial advisor or read "Are Distributions Taxable" on this (slow-to-finish-loading) [IRS webpage](#).

Or cry:



[Mostly Bob](#)

Or marvel:



[The Beggar King and the Secret of Happiness: A True Story](#)

* During December only, all new book titles discounted.

Was this newsletter forwarded to you?

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PlaneTree on Holiday



PlaneTree's staff and volunteers will take a two-week holiday break. Our last day of service in 2007 will be Saturday, December 22.

Service as usual will resume on Tuesday, January 8, 2008.

We hope your holiday season will be peaceful and fulfilling, and 2008 will be a healthy new year.

[Forward email](#)