



PlaneTalk

The PlaneTree Health Library Newsletter

WALK IN WITH QUESTIONS. WALK OUT WITH CONFIDENCE

www.planetreesanjose.org

May 2008

PlaneTree Presence in Central San Jose Again

We are pleased to announce that a grant from The Health Trust is supporting a collaboration between San Jose Public Library and PlaneTree to create a Community Health Information Center in downtown San Jose.



The center will be located in the delightful new Joyce Ellington Branch Library, which re-opens next month.

Health books and DVDs organized for easy browsing will be accessible to on-site patrons in the Community Health

Information Center during all library open hours. The collection, which includes databases, will also be searchable online at www.sjlibrary.org.

New PlaneTree volunteers will provide one-on-one assistance to patrons at specified times. Experts on various health topics will give presentations in the library's community room.

Everyone is invited to San Jose Public Library's grand opening celebration for the Joyce Ellington Library on Saturday, June 28. Please come by the Community Health Information Center to help us celebrate.

Thinking of volunteering?

We will soon need individuals to volunteer at the new Center for three hours weekly. If you enjoy finding health information and like to help others, call PlaneTree at (408) 358-5667 about becoming a weekly PlaneTree volunteer at Joyce Ellington Library.

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Judy Collins Lecture May 30; 10% off for Friends of PlaneTree



We remember Judy Collins' soaring voice, but her heart has been very low at times. After her son took his life in 1992, reading and writing brought her solace, eventually leading to the publication of *Sanity and Grace: A Journey of Suicide, Survival and Strength*. That book and her brand new title, *The Seven T's: Finding Hope and Healing in the Wake of Tragedy* are available at our library.

Judy Collins, 68, will be speaking at the San Jose Center for the Performing Arts on Friday evening, May 30. PlaneTree is delighted to offer a 10% discount on tickets. Call Events Unlimited at (877) 882-

Advance Directive Update

If you still need to prepare your Advance Health Care Directive, but missed our recent lectures on this topic, we have available a DVD of the knowledgeable presentation last month by Karen Storey, executive director of The Wellness Community Silicon Valley.



Also, a selection of easily photocopied Advance Directive forms for use in California, plus information to help you understand the issues surrounding this vital health care document, are available at PlaneTree.

Feedback, please

Our last newsletter mentioned that we are considering subscribing to a new online database, which would be available to PlaneTree cardholders from any computer. We asked our patrons to evaluate Consumer Health Complete along with along with our staff and volunteers.

If you used this resource, we truly would like to know about your experience using it. Call us at (408) 358-5667 or email us (webtalk@planetreesanjose.org). If you haven't yet tried this product, our trial period has been extended to May 30. Contact us to access this product from home!

Showcase of Miniatures: New date and place



The largest event for showing and collecting miniatures west of the Mississippi is an annual fundraiser for PlaneTree. The Showcase of Miniatures will be held September 20 and 21 at San Jose McEnery Convention Center. Plan to come to this family-friendly art show and support your favorite local health library.

8124, 8 a.m. - 3 p.m. Monday through Friday and use the special code "Planetree."

Ms. Collins gave a moving keynote address at the 2006 national Planetree conference. You can learn more about how this remarkable woman is aging with grace in a new Bay Area magazine: *eldr*.

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