



Get Healthy @ the Library

Brain power as we age: Good News!

Neuropsychologist Hildy Agustin presents the newest research on brain fitness, particularly as it applies to older adults. Dr. Agustin's lively presentation also includes engaging games and personal anecdotes from her practice, making for an encouraging hour. She welcomes your questions after the talk. Bring a friend—you'll both be glad you attended this vital health lecture.

Tuesday, June 22 • 7 pm

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